

અનુસંધાન

06C3122024



Founder
Pujya Shree Anuben Thakkar



Chairman
Dr. Vikram Patel



સ્વસ્તિ પન્થામનુચરેમ સૂર્યાચન્દ્રમસાવિવા
પુનર્દદતાઘ્રતા જાનતા સં ગમેમહિ ॥

May we walk the virtuous path,
guided by the celestial harmony of sun and moon.
Surrounded by wise, compassionate,
and peaceful souls, and blessed by the divine presence,
we shall find eternal joy and contentment.

પ્રિય મિત્રો,

વિક્રમ સંવતનું એક વર્ષ પૂરુ થયું
અને નવા વર્ષનો શુભારંભ થયો.
આ વર્ષનું ચોમાસુ ખેડૂતો માટે તકલીફવાળું રહ્યું.
પણ દરેક સમય છેવટે બદલાય છે તેમ હવે
નવી આશા સાથે આ વર્ષ શરૂ થાય છે.
આવનારા સમયમાં આપણું જીવન સુચારુ રીતે
પસાર થાય અને આધ્યાત્મિક ઉન્નતિ સાધીએ તેવી
પરમ ચૈતન્યને પ્રાર્થના.
આપણી આસપાસની થોડી વ્યક્તિઓના જીવનમાં
આનંદ આપી શકીએ એટલું સામર્થ્ય મળે
તેવી અભ્યર્થના.


ડૉ. વિક્રમ પટેલ



Diwali, the festival of lights, brings joy, warmth, and devotion to our hearts and homes. The glowing *diyas* and vibrant *rangoli* patterns created by our students at the Ashram embody this festive spirit, each with its own deep cultural and spiritual significance.



Lighting diyas, one of Diwali's oldest traditions, represents the triumph of light over darkness and good over evil. In our Ashram, diyas invite divine blessings, unity, and positivity, reminding us to foster kindness, compassion, and wisdom.



Rangoli, the art of creating intricate patterns with coloured powders or flowers, serves as a warm welcome to guests and deities. Each design reflects nature, harmony, and creativity, and making rangoli together fosters mindfulness and patience. This practice helps preserve cultural heritage and passes on traditions to future generations.



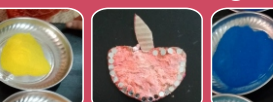
This Diwali, our students celebrated with beautifully crafted diyas and rangoli, bringing brightness to our Ashram and pledging to spread kindness, love, and hope.



Diwali Sparkles at Bhagini Mandir!



With NGO MANN's guidance, our Bhaginis transformed simple materials into stunning diyas, radiating love and joy. They also made colorful rangolis.



Page 1: A New Beginning

I still remember the day I arrived at Muni Seva Ashram, Goraj's Eklavya Model Residential School in 2012. I was a young girl from a tribal community, full of uncertainty. But little did I know that this school would become my second home, shaping me into the person I am today. MSA's school wasn't just a place of learning—it was a place that taught me life's most important lessons: discipline, responsibility, and how to be a good person.

Page 2: Life at MSA's Eklavya

Eklavya felt like a family. Over 400 students, teachers, and staff worked together, played together, and faced challenges together. The structured routine of the school—from early morning physical training to academics, sports, and self-study—taught us how to balance work and rest, responsibility and freedom. But more importantly, it taught me the value of hard work, respect for others, and the importance of community.

Page 3: Building Confidence and Leadership

The activities at school went beyond the classroom. Sports became my passion, especially Kho-Kho, and it gave me the opportunity to lead my university team later in life. Public speaking was another skill nurtured here. I still remember delivering a speech on women's empowerment in college—something I had written years earlier at school. It was the confidence I gained at Eklavya that helped me speak in front of 180 students without hesitation.

Page 4: Life Lessons That Last

What I cherish most about my school is the everyday lessons. It wasn't just about academics; it was about building character. The school taught me the importance of being on time, being organized, and living with integrity. I remember my mother once telling me, “You learned discipline at school, and now I see it in everything you do.” These values have shaped every aspect of my life, even during job interviews and college interactions.

Page 5: From Student to Engineer

Today, I am a **Computer Engineering graduate from LD College of Engineering**, Ahmedabad. And every success I have achieved is thanks to the foundation Muni Seva Ashram gave me. The skills, values, and confidence I gained at MSA's Eklavya have stayed with me and continue to guide me. It wasn't just the academics that prepared me for life—it was the character-building experiences that gave me the strength to follow my dreams.

Page 6: Giving Back to the Community

I am determined to give back to the society that has given me so much. Eklavya taught me that with education comes the responsibility to uplift others. Just as the school invested in me, I want to contribute to the growth and well-being of my community, especially the marginalized and tribal youth.

As I walk forward in life, I will carry with me the lessons from my school days—the importance of being humble, the power of discipline, and the responsibility of making a difference. And for all of this, I am eternally grateful.



Every Step of Learning, Every Moment of Growth...

The Community Science Center at our EMRS Maganpura campus is a wonderful resource for children passionate about science. Recently, students from Vivekanand UBS had the opportunity to visit this center and explore its fascinating offerings.



Celebrating exam season's end, Shardamandir Bakshipanch Ashram Shala welcomed MSU's Faculty of Social Work students for a vibrant afternoon of diya painting, mirror decoration, and clay toy-making. Laughter, imagination, and compassion filled the air.



Shri Nareshbhai Shah



Shri Punithbhai Shah

Muni Seva Ashram has always stood as a beacon of compassion, transforming dreams of service into reality through the grace of the Divine and the unwavering love and support of society. Today, we share a story of vision, perseverance, and a timeless legacy—one that is on the verge of becoming a reality.

Nearly seven years ago, in a quiet moment of heartfelt conversation, a seed of hope was planted. Shri Nareshbhai Shah, a former trustee of the Ashram and a man of extraordinary compassion, shared a vision with Dr. Vikram Patel, our chairman. With profound clarity and foresight, he said:

"Cancer casts a growing shadow over countless lives, and its burden will only intensify in the coming years. Look at Kailash Cancer Hospital in Goraj—a sanctuary for cancer patients, offering healing through advanced care, dedicated doctors, and selfless service, often free or at minimal cost. Why not bring this light to Palanpur? Think of the patients in North Gujarat and Rajasthan who endure long, painful journeys for treatment. Let us create a haven for them too—a place where no one is forced to abandon treatment for lack of access. This dream, my friend, is worth pursuing."

Dr. Vikram listened closely, moved by the compassion and urgency in Nareshbhai's words. Yet, true to his thoughtful nature, he sought time to reflect and prepare. In every subsequent meeting, Nareshbhai's gentle yet persistent reminders kept the vision alive. Dr. Vikram's unwavering reply reflected his deep faith: *"When the time is right, it will happen."*

Then, life's unpredictability brought profound loss. During the throes of the COVID-19 pandemic, the Ashram faced one of its deepest sorrows—the loss of Shri Nareshbhai. His passing left an irreplaceable void. He was not just a trustee but a cornerstone of strength, a cherished friend, a wise mentor, and an unwavering dreamer.

With a heavy heart, Dr. Vikram shared, *"He left us too soon, and the regret of not fulfilling this dream of service together remains etched in my heart."*

But as the saying goes, *"Like father, like son."* Shri Punithbhai, Nareshbhai's son, rose with quiet determination to honour this vision. With a heart full of love and purpose, he reignited the dream, bringing the proposal back to Dr. Vikram with renewed passion. His dedication was undeniable, and the trustees embraced his commitment with open hearts, ready to carry this legacy forward.

Today, we are filled with immense joy to share that this dream is now taking shape. Through Shri Punithbhai's tireless efforts, 75 acres of land in Palanpur have been secured, and all the necessary documentation is complete. The structural planning for the hospital is in its final stages, and, with God's grace, construction will begin in February 2025.

This sanctuary of healing, under the loving embrace of Muni Seva Ashram, will stand as a testament to selfless service and unwavering faith—a place where no one is denied treatment because of access or cost. It will bring light and hope to countless lives, addressing the growing shadow of cancer with compassion and care.

This journey has been powered by your love and support, and we are deeply grateful for your trust in us. As we take this next stride towards building a temple of humanity, we invite you to walk with us, hand in hand, to transform this vision into reality. Together, let us create a legacy of healing and hope for generations to come.

શ્રદ્ધા ... સંકલ્પ ... સેવા .. સરગવો ... સંવેદના નાં સંસ્મરણો

The true excellence of any institution is not just reflected in its noble ethical values, but in the selfless devotion of individuals who bring these values to life. Their unwavering commitment, undeterred by adversity, is what drives success and growth.

Today, we remember one such soul, a golden heart who became the cornerstone of Muni Seva Ashram.

Over four and a half decades ago, under the guidance of the Guru's blessings, Pujya Shri Anuben ignited the spirit of service in the tribal lands of Goraj. What was once a land of thieves becoming the foundation of transformation through Pujya Ben's faith in God and trust in the Guru. It was here that Doliben, a humble woman from Dolapura, met Pujya Ben, marking the beginning of her long and cherished journey at the Ashram.

When the first divine gift, a daughter, arrived at the Ashram, Pujya Ben, deeply immersed in building the Ashram, chose Doliben as the loving caregiver for the child. With her tender, motherly care and her devotion to every task Pujya Ben entrusted her with, Doliben became an irreplaceable part of the Ashram's foundation. She worked tirelessly, helping Pujya Ben in every way, much like Jhalkaribai to Rani Lakshmibai.

Despite limited resources, Doliben's love and dedication were unwavering. The Ashram's humble meals, made with moringa (saragvo) from a tree by the river and buttermilk from the locals, nourished the community for years. Doliben's loving care extended to all, from bringing okra for Dr. Vikram Patel to preparing her special “malaria khichdi,” which was said to reduce fever faster than any medicine.

Though she suffered from sickle cell anaemia throughout her life, Doliben's service never wavered. She found joy in giving and in the work itself, setting new standards for dedication. She became a symbol of love, service, and devotion, finding beauty in the simplest things and accepting life with grace and gratitude.

Today, we honour Doliben as the heroine of our faith and service. Her unwavering love and commitment shaped the Ashram and inspired all who knew her.

(Note: Those who served with Pujya Ben in those days sought no fame or recognition. It is with great difficulty that we have even obtained this photo of Doliben.)

At Muni Seva Ashram, our greatest joy lies in seeing our students transform into empowered individuals ready to make a mark on the world. One such inspiring story is that of Ms. Ankita Ramsingbhai Rathva, an alumna of MSA's EMRS first batch.

Ankita joined the Muni Seva Ashram family in 2010-11 for Class VI and stayed with us until completing Class XII. Reflecting on her time here, she fondly recalls that her school years were not just about academics but a holistic journey of self-growth. Extracurricular activities, she shared, played a pivotal role in building her confidence and courage to stand strong in the face of challenges. **"A moment etched in her heart is receiving the "Best Student" trophy in Class VIII from the hands of Shree Chandudada and the school principal-an achievement that ignited her passion for excellence."**



For Ankita, school life at EMRS was a vibrant chapter filled with lessons on dedication, hard work, and self-actualization. "I learned the value of time and matured enough to understand its importance," she shared. Like any growing individual, she admits making mistakes along the way. Yet, the unwavering support of her parents, teachers, and warden madam guided her through every misstep, teaching her the essence of cooperation, love, and perseverance.

Today, Ankita serves as a Talati cum Mantri in the government sector while preparing for GPSC/UPSC exams. With aspirations to reach greater heights, she is determined to give back to society and inspire others to follow their dreams. In her words, "Thanks to all my teachers and the EMRS, Muni Seva Ashram Family, for shaping me into who I am today."

Ankita's story is a testament to the impact of education infused with care and values. As she continues to soar, she carries with her the spirit of Muni Seva Ashram-a beacon of hope and service. We are proud to have been a part of her journey and wish her every success in the future.

C for Collaborations: Strengthening Togetherness and Purpose in 2024

As we approach the end of 2024, it's time to reflect on the meaningful strides we've made at Muni Seva Ashram. This year, above all, has been a testament to the power of collaborations. In our last edition, we shared details about our impactful partnership with Dr. Vikram Sarabhai Community Science Centre. Now, we are excited to shine a light on two more collaborations that embody our vision for collective growth and support.

Muni Seva Ashram – MANN & Making it Happen

MANN, a Maharashtra-based NGO, is dedicated to helping adults with intellectual and developmental disabilities achieve independence and fulfillment through structured career paths. Since partnering with MANN a year ago, we've witnessed incredible transformation at our Bhagini Mandir, where we established the *MANN Subcentre*.



Handprints of Hope & Happiness Mann Sub Centre, Bhagini Mandir



Here, 22 of our *Bhaginis*-women identified for their physical fitness and intellectual abilities-are undergoing specialized vocational training in arts, crafts, and soft skills. Together with MANN, we're creating opportunities for these women to channel their talents, unlock their potential, and take confident steps toward independence. The results of this collaboration are often shared via our newsletters and social media channels, showcasing how purpose-driven partnerships can make a difference.

Together for Her – Muni Seva Ashram and AddLife Foundation's Gift to Gujarat

Cancer is an arduous journey-one that often overwhelms families with fear and uncertainty, compounded by the complexity of medical terms. At Muni Seva Ashram, we understand that knowledge is empowerment, especially when fighting a disease like breast cancer.

In collaboration with AddLife Foundation, we developed "*Stan Cancer Shabdavali*", a Gujarati glossary simplifying medical jargon associated with breast cancer. This heartfelt resource is designed to bring clarity and confidence to patients and their families, ensuring that every woman in Gujarat-be she a daughter, sister, or mother-feels informed and supported during her battle.

These initiatives are more than milestones-they are living examples of what happens when hearts and hands unite for a common cause. We are deeply grateful to our partners and supporters who help us transform vision into reality. Together, we are not just creating solutions; we are building a future defined by compassion, empowerment, and hope.



AHMEDABAD MEDICAL ASSOCIATION
(BRANCH OF INDIAN MEDICAL ASSOCIATION)

Dr. (Prof) Tushar Patel
MD (Gen) FRCGP FRCGP FICS
President Ahmedabad Medical Association (AMA)
President and FRCGP Respiratory Medicine,
SCS Medical College
Member of Council, Tata Memorial Centre of Gujarat

શુભેચ્છા સંદેશ

સ્તન કેન્સર એ હાથમાં નિહાળીએ તો કેન્સરથી થતા મૃત્યુ માટે સીધો વાઘડો જણાવતો કેન્સર છે. આ કેન્સરનું વેગાવર નિદાન એ તેની સહજ સંભાવનાથી થાય છે અને તેથી જ તેના વિશે અને હાથમાં, જોખમકારક પરિણામો, તેની સંભાવના નિવારણમાં પાડવાનો અને તેના વેગાવર નિદાન માટે જરૂરી પાડવાનો વિશેની જાણ જરૂરના માટે આપણી સહાય. નિદાનકારી સંસ્થાઓ, હોસ્પિટલો, લેબોરેટરીઓ, ડોક્ટરોની સહાયતા અને વ્યક્તિઓ અને આજે મેળવેલી સહાય કરી શકા છે છતાં પણ સન 2020ની સરખામણીએ તેની વ્યાપ ગુણવત્તામાં વધારાના 12% જેટલો વધારો છે.

કેન્સરનું નિદાન હીં લેવા જેટલા બેસીએ માટે પુનઃપ્રાપ્ત ની યોગ છે જે શક્ય કરી તેના નિદાન અને સારવારમાં વધારાની સંયોજક શક્તિ મેળવે અમારા અને તેથી ઉભી થાય તેની સહાયમાં વધારો કરે છે. એકાદાઈ કાર્ટિનિંગ દ્વારા આ પરીણ પાડવાને સરળ સુવિધાથી લાભમાં સ્તન કેન્સર શબ્દાવલી ના સંકલન દ્વારા આ સંદર્ભ પુસ્તક માટે શ્રેષ્ઠ પાઠ્ય કાર્ટિનિંગ થઈ જ રહ્યું છે અને દર્દીઓને તેમની રોગ થી નિરોગ થવાની સહાયમાં સહાય આપશે તેવી આશા છે.

આ કાર્ય માટે મદદગાર થનાર, પુનિ સેવા આશ્રમ, ગોરખા ગેરોલેડ ડિવિઝન પટેલ અને અમારા સ્તન કેન્સર સંકલન ડ્રી સોફ્ટવેર ધરાવે પાલ ઓલકાપુરક કમિયો પાડ્યું છે. એકાદાઈ કાર્ટિનિંગ દ્વારા પ્રકાશિત, સ્તન-કેન્સર સંકલન પ્રથમ પુસ્તકો સ્તનની વાત - સમાજ સ્વાસ્થ્ય અને સંસ્કારો હાર - સ્તન કેન્સર શબ્દાવલી - સંવર્ણન સુધાન, સંવર્ણન વિચાર સંકલિત થાય તેવી શુભેચ્છા સહ,

ડૉ. તુષાર પટેલ

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ભુપેન્દ્ર પટેલ
કુખરેલો, ગુજરાત સમાજ

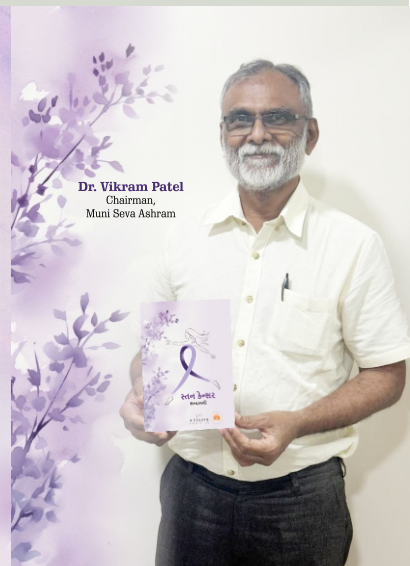
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સંદેશ

જીવનમાં કેન્સરને એક બદલાવની પટના તરીકે સ્વીકારવું, તેમાંથી બહાર આવવા માટે જરૂરી સારવાર લેવી, તે દર્દીમાં આત્મબળનું પેરક બની શકે છે અને આરોગ્યમાં સુધારો લાવવામાં સહાયક બની શકે છે. સારવારની આ સમગ્ર યાત્રા દર્દી માટે જોખમી હોવાનું માનવામાં આવે છે, પરંતુ તેની સમયાવર જાણકારી અને સારવાર ઝડપી સારા થવાનો મહત્વનો બની શકે છે. શ્રદ્ધામાં સમાજમાં કેન્સર અને કેન્સરથી ગેરસમજ દૂર કરવા માટે યોગ્ય જાણકારી પૂરી પાડવાની તાતી જરૂરિયાત રહેતી છે.

એકાદાઈ કાર્ટિનિંગ દ્વારા કેન્સર અને લોકજાગૃતિ ફેલાવવા અને ચલાવવામાં આવતી ઝુલેકા બાબતે જાણીને આનંદ થયો. આ અભિયાન અંતર્ગત સંસ્થા દ્વારા બિન-તબીબી વર્તુલમાંથી હોય તેવા સ્તન કેન્સરના દર્દીઓના કાયદે ચુપની ચર્ચા, પરામર્શ સંગ્રહ અને સારવાર સંદર્ભે વધારાના ભારેખમ અંગ્રેજી શબ્દોની સરળ સમજૂતી પૂરી પાડવાના ઉદ્દેશ સાથે નિઃશુલ્ક પુસ્તિકા "સ્તન કેન્સર શબ્દાવલી" બહાર પાડવામાં આવી રહી છે તે એક આવકાર્પક પહેલ ગણી શકાય. આ તકે સંસ્થાની પુસ્તિકાના સંકલનમાં સમાવિષ્ટ તબીબી તથા શ્રદ્ધાઓગીઓના ઉજાવતા ભાવિની કમળાં સહ, પુસ્તિકા લોકજાગૃતિ અનેક માધ્યમ બની રહે અને સેવાગ્રસ્ત દર્દીઓમાં નવો ઉજાસ ફેલાવવામાં સહાયક બની રહે તેવી ઉદયપૂર્વકની શુભેચ્છા...

આપનો ભુપેન્દ્ર પટેલ

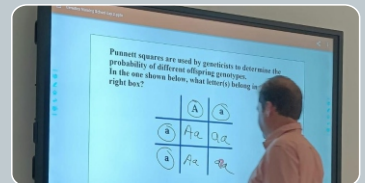


Innovating Education, Elevating Futures

Our Nursing College hosted a comprehensive Teachers' Training program focused on Basic Nursing Procedures using simulation-based learning.



Mr. Neik Slooter, an esteemed educator from Netherlands, brings with him the wisdom and experience of the Waldorf education system, known for its holistic approach that nurtures creativity, imagination, and a balance of intellectual, artistic, and practical skills. At Muni Seva Ashram, we are excited to explore the transformative potential of this unique educational philosophy. Currently residing at the Ashram, Mr. Neik engages with students across our schools, fostering meaningful interactions and inspiring young minds. Recently, he conducted an enriching session on genetics for students at our School of Nursing, sharing his expertise in a way that both illuminated complex concepts and ignited curiosity among our future healthcare professionals



VTC Milestone: Paid Internships Ahead!



Our Vocational Training Centre partners with Sahyadri Industries Limited and Emco Dynatorq Pvt. Ltd. for paid internships. Our first batch of 30 students begins one-month internships, paving the way for potential full-time employment. Interested industry leaders, collaborate with us to train committed talent tailored to your needs.



Together, We Create a Stronger, Empowered Society

Muni Seva Ashram's mission, deeply rooted in compassion for humanity, living beings, and the environment, continues to inspire those committed to making a meaningful impact on society.

Recently, our VTC hosted a valuable seminar with the kind participation of esteemed community members, who shared their expertise on critical topics including dowry prohibition and gender issues, POSH Act, cyber security, 181 Women's Helpline, law enforcement perspectives, Vahali Dikari Yojana and Women's Self-Reliance Scheme.



We extend our heartfelt gratitude to **Dr. Parixit Vaghela, Mr. Arjun Parmar, Mr. Rajendra Solanki, Ms. Mahima Vasava, Ms. Sarma Rathwa, Bharat Kahar and Pamesh Mehta** for their invaluable contributions in guiding and empowering our students.

Jai Shree Krushn,

As the gentle chill of dawn meets winter's quiet breath, the season's shift after Diwali brings shorter days and lengthened nights. For more than four and a half decades, Muni Seva Ashram has watched these seasons turn, each with its own beauty, yet something enduring and timeless remains—a spirit of compassion, love, and empathy woven deep into the heart of the Ashram. With every passing season, a river of kindness flows steadily here, nourishing each soul that comes within its embrace.

This river of love flows unceasingly, thanks to you—our cherished donors, steadfast supporters, and loyal well-wishers. As we stand on the threshold of 2024 and look forward to 2025, we honor each of you: the bridge-builders, the hand-holders, the light-bringers. You are the extraordinary souls, quietly weaving threads of humanity through a world that so often forgets it. You are the unsung heroes, the gentle whisperers of hope, reminding us all that peace is possible.

In these vivid times, let us look to one another as lights. Let us ignite our candles from each other's flames, and then go forth. Let us build bridges, hold hands, and bring light to where shadows linger. Let us each become the hero we seek. For peace is possible—and it begins with each of us.

With warmth and deepest gratitude,

Team अनुसंधान

Sharad Purnima magic!
A breathtaking snapshot of our majestic
Dev River under the full moon's gentle glow.

PC: Nidhi Kamath

Support

We have reached these milestones through your benevolent support. Your contributions, both financial and otherwise, keep us moving forward. Our expansions, construction projects, introduction of newer facilities, and beneficiary support programs are made possible by the corporate and personal support we receive. For this, we are eternally grateful.

We believe in complete transparency. Every contribution is immediately followed up with an 80G compliant receipt. Daily updates of Muni Seva Ashram are documented on our Facebook and Instagram handles, and newsletters are published on our website: www.greenashram.org For information on how to donate or offer assistance, please visit our website: www.greenashram.org Thank you once again for your unwavering support!

We welcome your suggestions to make अनुसंधान even better. Please share your thoughts and feedback with us at anusandhan@greenashram.org